

50+ Ski Club

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NEXT MEETING

To be announced next month.

SYOSSET – WOODBURY COMMUNITY CENTER

On entering park, turn right at stop sign and follow the road to the end.



Because of health concerns, our next meeting, April 16th, will be cancelled. I hope we can get together at the May 21st meeting. On a serious note, I truly hope that everyone pulls through this and stays healthy. Personally, I am seriously bored with this “shelter in place” recommendation but intend to take it seriously. This virus can apparently be a killer, and I for one am in the vulnerable age category.
Bob Tamulinas

Midweek Skiing by Gary Schorr: We were able to enjoy a good ski season upstate until the weather warmed up so quickly (and early) this year. We enjoyed outings to Windham, Belleayre, and Hunter. Next year I look forward to more good days. I'm also considering a return for us to Jimminy Peak. If you're not on my list and are interested in skiing midweek and enjoying a day with no lift lines, please write to me at gss12@optonline.net. Include your mobile number.

Also, take care of yourselves, stay in shape, and think about joining our bicycle outings. These help to keep us in condition.

Gary.

Gary's going to update our emergency contact list. Please email him (gss12@optonline.net) the name of your contact, your relationship, and a phone number for that contact.

Biking by Neal Pisanti

It's spring and time to think about biking. At the last board meeting we discussed the low turnout on the rides last year. It was suggested that some people were discouraged because they had trouble keeping up and didn't want to be the person that the group had to wait for. To compensate for this, it was decided that future rides will have a fast group and a not so fast group.

The weather doesn't look very good for the next two weeks, so there is no issue, but after that we may want to start group biking. That can be done safely if we drive individually and keep our distance. Just a thought. If we want to have lunch together, we can bring lunch and a beach chair with us and arrange ourselves a safe distance apart and have loud long distance conversations. That's kind of how the people are having socially responsible happy hour where I live.

If you are as bored as I am, you might be interested in a movie that I came across. Many of you might have already seen it, but even if you have, it's worth seeing again. The name is "Frozen". Not the Disney Frozen 1&2 but this one is 10+years old. It's a thriller if you are interested in skiing. A bit farfetched, but a good lesson on why to never get on a ski lift after the "last chair" sign is attached.

Bob Tamulinas

In Killington Vermont, I hear the current sport is "skinning". Because the resorts all closed down, and there is plenty of snow still on the slopes, the locals attach "skins" to the bottom of their skis to prevent slipping backward, climb up the mountain, remove the skins, and ski down. This sport requires a special boot, a binding that provides a flexible heel on the climb up, and a heel lock so you can ski down. Apparently, a wider ski is also recommended.

Sounds like a lot of work to me, and with no groomers operating, the ski down must be a challenge.

Bob Tamulinas

And on a lighter note:

This might not be a cure for the Corona Virus, but it can't hurt. That is, unless you take too much of the cure.



CHEERS!